

# Scouts in Action Month 2014

## Cub Scout Programs and Activities



### **The Toothpaste Activity**

Get the Cub Scouts together in a group, then ask a volunteer to come to the front of the room. Place a strip of masking tape on the length of the table. With a tube of toothpaste, ask the volunteer to run a line of toothpaste down the length of the masking tape. Now ask the volunteer to put the toothpaste back in the tube. Obviously, it cannot be done. Explain to the Cub Scouts that this toothpaste represents hurtful things that are said by people who bully. Just like the toothpaste, these hurtful words cannot be taken back once they have been spoken. It is important to point out that the effect that bullying behaviours have on their targets are also hard to reverse.