

Duty Six:

Approx Time	Activity Description	Equipment Required
4:30	Inspection: Paws & Claws Grand Howl	
4:40	*CHAIN RELAY 1 st person runs up to wall, turns around & runs back to team. Join hands with 2 nd person, run to wall etc. Keep going until team is complete	Nil
4:50	Myth #1 Yawning is contagious In a circle, see if you can pass a yawn around the group Also try – smiling, itchiness	Nil
4:55	Myth #2 Time flies when you're having fun Split into 2 groups (NO WATCHES!) EXACTLY 5 minutes Group One: Go outside and play Circle Ball Group Two: Cook and butter toast *CIRCLE BALL In a circle, one person has a ball and passes it either left or right. Must run around the outside of the circle and back to their spot as ball is passed around. Try and beat the ball back to your spot When finished, ask both groups how long they think they've gone – did time fly for the group having fun?	Butter, bread, toasters Ball
5:00	Myth #3 Toast always falls butter side down Use Group 2's buttered toast for the experiment Off the table - Off the balcony - Frisbee	Nil
5:05	Myth #4 You can't fold a piece of paper more than 10 times Give cubs different types of paper and offer the challenge eg: A4, newspapers etc ALTOGETHER: Try a long roll of toilet paper	Paper, newspaper etc
5:10	*GUARD THE CHAIR Have a chair in the middle of a circle with one cub guarding it. Players try to throw a ball to hit the chair, if successful then swap over	Chair
5:20	Myth #5 Carrots give you night vision Cubs run a 'dark' obstacle course under a tarp or similar After eating a carrot, try again & look for any improvement	Carrots, obstacle course
5:30	*SPIN TIGGY Everybody spins around 5 times then must avoid whoever is 'IT'. If tagged you must spin around 5 times before you can run again	
5:40	Myth #6 You Can Make a Compass with a Cork, Magnet & Needle Stroke the needle with the magnet at least 50 times in the same direction. Poke the magnetised needle through the piece of cork. Float the cork in water and it will point north.	Pieces of cork, sewing needles, magnets
5:55	Closing Ceremony Notes	

* Can be played outside