



Scouts in Action Week
Disability Awareness
 22nd-28th August 2011



Cub Scout Pack Program Planner

Theme	Disability Awareness	Date		Attendance	
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Time	Minutes	Activity Type	Activity Description	Equipment	Leader
	Coming in Activity		Six Inspection		Sixers
	5	Ceremony	Opening Parade	Australian Flag Prayer Book	
	10	Game	Crab Soccer	Soccer Ball 2 Goals	
	45	Bases	1. Is my shirt on straight? 2. Can I have a smartie too? 3. Money Box 4. Sign my name	Clothing Smarties Money & Box Sign Sheet	
	10	Yarn	Disability Awareness	Nil	CSL
	10	Game	Balloon Volleyball	Balloons Net/Rope	
	5	Ceremony	Final Parade	Flag Prayer Book	
		Dismiss	Home		

Note – This is a 90 minute program.

NOTE: All resources for this program are available from the dedicated Scouts in Action Website <http://www.scoutsinactionweek.com>

Downloads include:
 This program
 Finger Spelling Chart



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OPENING PARADE

Preparation for Opening Parade

Inspection is carried out in Sixes before Cub Scouts enter the Parade circle. This gives the Leaders the opportunity to ensure that the Cub Scouts are correctly dressed to pay respect to the flag, and make any comments to each Cub Scout. The inspection should be brief. The flag, correctly folded for breaking, is hoisted to the masthead by the duty Sixer before the parade is called. A Cub Scout is selected to lead "Do Our Best".

Leader: *"Pack, Pack, Pack"*.

Cub Scouts: Respond with "PACK" loudly & sharply as they form a circle standing "at ease".

Leader: moves to the centre of the circle and holds both arms out at shoulder level.

Cub Scouts: come to the "Alert".

Leader: Lowers arms in a firm movement, until they are against the side.

Cub Scouts: Lower to the squatting position, with chins up and heads back, and go straight into the Grand Howl.

Cub Scouts: The first three fingers of each hand should be extended and close together, arms straight and touching the floor in front of them.

Selected Cub Scout: "AR KAY LA".

Cub Scouts: "WE---E---LL, D---O---O---O O---U---U---R (drawn out)
BEST" (is short and sharp).

Selected Cub Scout: "DO YOUR BEST".

Cub Scouts leap into the air and listen to the leader's response. The same three fingers remain extended and close together to become the ears of the Cub Scout pointing upwards, touching each temple in front of the ears.

Cub Scouts: "W E'----L---L DO OUR BEST"

During this response the Cub Scouts drop their left hand, while their right hand is held in the Scout Salute position.

Only the Leader taking the Grand Howl salutes, all other Leaders and recruits stand at the Alert.

Leader: *"Thank you Pack"* Moves back into the circle.

Leader: *"Duty Cub Scout, prepare to break the flag"*.

Leader: *"Pack, face the flag" - "Break when ready"*.

Leader: *"Pack Salute"*.

(Duty Cub Scout pulls on halyard and breaks flag) Cub Scouts remain at the Alert until the Duty Cub Scout takes two paces back facing the flag and salutes, then returns to the circle.

Leader: *"Prepare for Prayer"*.



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Announcements

Tonights Program: _____

Special events: _____

Birthdays: _____

Leader: "Cub Scouts break off"

Award Scheme

Bronze, Silver & Gold Boomerang.

Whilst there is no direct link to the Cub Scout Boomerangs Cub Scouts are still expected to live by the Cub Scout Law and accepting all is part of a Cub Scouts way of life.

The emphasis this year is to encourage *Disability Awareness* and for our youth members to gain a better understanding of the world around us.

Activities such as Agoonoree and how they fit into the general Scouting program should be discussed.

Achievement Badges

Citizenship (Level 1)

2. Community Organisations

- (a) Name two organisations in your community, other than churches, which help people in need
- (b) Explain what each of them does.

Citizenship (Level 2)

2. Community Organisations

- (a) Name five organisations or people in your community helping others in need
Explain what each of them does.
- (b) Visit one of these to see how they work and report to the Pack on what you find.

Special Interest Badge Language Emblem



Deaf Sign Language

1. Carry on a simple conversation in deaf sign language for 10 minutes with a deaf person
2. Demonstrate an ability to use finger spelling and to 'read back' in that mode
3. After reading an easy passage from a book or periodical, retell that passage in sign language
A sign dictionary may be used.



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22nd-28th August 2011



Game	Crab Soccer	10 minutes
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- Equipment:** Soccer ball or similar
2 Goals (chalk marks on the ground or chairs)
- Activity:** Cub Scouts sit on the floor and place their hands on the floor behind them. Raise backsides off the ground and kick the ball with feet only. Cub Scouts move about hall/playing area like crabs.
- Safety:** Ensure the safety of the Cub Scouts as they move around the game area and ensure there are no obstacles that they could run into etc. Take special care not to kick others in the face.

Bases	Disability Awareness	10 minutes per base
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Base 1 **Is my shirt on straight?**

- Equipment:** Bags of assorted clothing
Blindfolds (one per Cub Scout)
- Activity:** Have clothing (shirts, pants, hats, socks, jumpers – small adult size works well for this activity) in bags or a pile in the middle. Cub Scouts put on blindfolds and either select clothing (shirt, pants and jumper minimum) from the pile in the middle or give each Cub Scout a bag of clothing. Cub Scouts are to try and work out how to get dressed with impaired vision.

Base 2 **Can I have a Smartie too?**

- Equipment:** Tube of smarties or similar lollies with a lid on (you may make your own tube with lid or have a container with a lid that would be difficult to remove with one hand only).
- Activity:** Cub Scouts sit in a circle and using one hand only they have to remove the lid of the tube/container and then take out one lollie, relace the lid and pass the tube/container to the next Cub Scout.
- Cub Scouts can eat the lollie.
- Leader should discuss how the Cub Scouts coped with only having one hand.



Scouts in Action Week Disability Awareness

22nd-28th August 2011



Base 3 Money Box

Equipment: Gloves or mittens
Gum boots
Coins/washers
Money Box or tin

Activity: Cub Scouts line up at end of hall in relay formation.
The first Cub Scout puts on gloves and gum boots and then runs to the other end of the hall.
When they get to the other end of the hall the Cub Scout picks up a coin and places the coin into the money box.
Cub Scout runs back and hands over the gloves and boots to the next Cub Scout who repeats the process.

Base 4 Sign Language/Finger Spelling

Equipment: Finger spelling chart

Activity: Cub Scouts use the chart to spell out their names and simple words

Leader to discuss who some people who have a hearing impairment may need other methods to communicate such as finger spelling or Auslan





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Discussion	Disability Awareness	10 minutes
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Cub Scout Leader encourages Cub Scouts to share their feelings.

Highlight

- there are people in our community with disabilities
- they can overcome these in many ways
- it may take time to complete a task to need equipment to help
- all people must strive to do their best

You might like to talk about famous people with a disability (see attached)

Game	Balloon Volleyball	10 minutes
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Equipment: Balloons
Net or rope across the hall or a line of chairs across the hall

Activity: Cub Scouts sit on the floor and play a game of volleyball.



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22nd-28th August 2011



CLOSING PARADE

Leader: *"Pack, Pack, Pack"*.

Cub Scouts: Respond with "PACK" loudly & sharply as they form a circle standing "at ease".

Leader: moves to the centre of the circle and holds both arms out at shoulder level.

Cub Scouts: come to the "Alert".

Leader: Lowers arms in a firm movement, until they are against the side.

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Only the Leader taking the Grand Howl salutes, all other Leaders and recruits stand at the Alert.

Leader: *"Thank you Pack"* Moves back into the circle.

Leader: *"Duty Cub Scout, prepare to lower the flag"*.

Leader: *"Pack, face the flag"* - "lower when ready" (duty Cub Scout lowers the flag).

Leader: *"Pack Salute"*.

Leader: *"Prepare for Prayer"*.

Cub Scout Prayer

Help us O Lord, to serve you day by day
To do our duty, and to enjoy our play
To keep the Cub Scout Promise, and to rest,
Happy that we have tried to do our best, Amen.

Leader: *"Pack Dismiss"*



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Stephen Hawking:

Physicist/mathematician has Lou Gehrigs Disease and is in a wheelchair. He needs a computer to speak.

John Milton:

English Author/poet (1608–1674):He became blind at age 43. He went on to create his most famous epic, Paradise Lost.

Ludwig van Beethoven :

(Famous Musician) – known to be deaf

Helen Keller :

(Devoted Life to Persons with Disabilities) She was Blind, Deaf, and Mute.

Franklin D. Roosevelt:

Franklin D. Roosevelt had Polio,was governor of New York State then elected President of the United States for 4 terms.

Christopher Reeve:

Never has a person with a disability commanded so much media attention in recent history. Christopher Reeve, crippled after a horse–riding injury,wants to be up on his feet & wants to help others stand confident too. His life is now dedicated to harnessing the power of medical research to get up & ride again.

Robin Williams:

(famous Hollywood Star) was diagnosed to be suffering from Attention Deficit Hyperactivity Disorder(ADHD) as a child. He never refuses a role related to medicine e.g Awakenings, Patch Adams.

Sudha Chandran:(Indian actress and classical dancer):

This brave lady dances with a Jaipur foot. She has acted in a movie on classical dance called “Nache Mayuri” & today acts in a variety of TV serials.

Tom Cruise:

(Hollywood Star): is severely dyslexic

Walt Disney:

Had a learning disability

Michael Bolton:

(famous Singer):Deaf in one ear

Marlee Matlin:

Marlee Matlin is a stand–up comedian and an actress. Some of her films include A Dead Silence, My Party, A Hear No Evil, A Bridge to Silence, A Walker, and A Children of A Lesser God. In 1987, she captivated the world by winning the Academy Award for Best Actress in the film A Children of a Lesser God. Marlee Matlin became deaf in infancy due to Roseola infantum. However, deafness has not disabled her or her career.

Marla Runyan:

One of the women representing the United States in the 1500 meter track event at the 2000 Olympics was Marla Runyan. The American runner finished seventh in her preliminary heat and rose to sixth in the semifinals to qualify for the finals. During the final race,Marla lost track of the major competitors. She finished in eighth position, 3.20 seconds behind the gold medal winner. In 1996,Marla set several track and field records at the Paralympics in Atlanta, Georgia. Following that success, Marla wanted to compete in the 2000 Olympics in Sydney – even though she is legally blind. The 31–year–old runner has been diagnosed with Stargardt disease. This is a condition that leaves her with a limited ability to see what is in front of her. In Sydney, Marla became the first legally blind athlete to compete in an Olympics.