

# Scouts in Action Month 2014

## Scout Programs and Activities

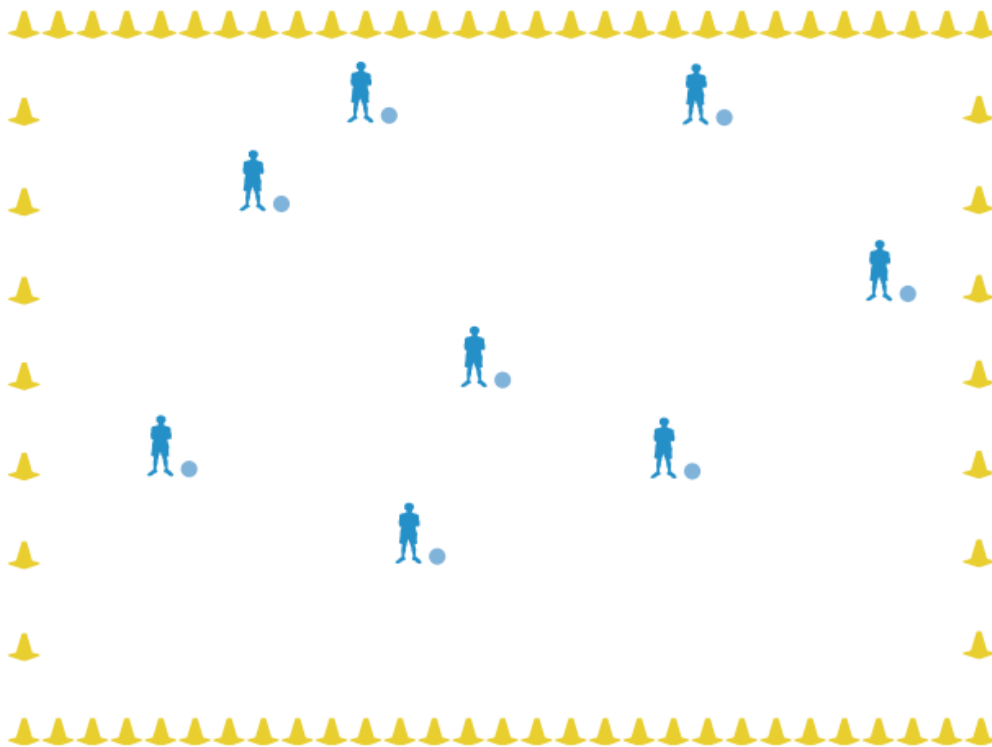


### King of the Ring

*This game gives Scouts the experience of how it feels to be picked on and excluded by others*

#### Set Up

Create an area, circle or square for the game to take place in – use cones if you have them, or markings on the floor if you are in a gym or playground. If the group is large, play in teams.



#### Objectives of the Game

The objective of King of the Ring is to be the last person (or team) in the ring with your football. The end of the game is reached when one person (or team) has kicked all the opposing footballs outside the square. All the Scouts start in the ring with a ball and must move around the area dribbling their ball.

#### Each Scout must

1. Try to knock other Scouts balls out of the area by kicking their own ball into the other person's ball.
2. Protect their ball so that others cannot knock it out.

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This involves good ball control skills and some fast running if your ball is knocked away from you to stop it leaving the area. If your ball is knocked out of the area you must leave the game. Partnerships and groups can be formed to take other players out, but remember, there can only be one King of the Ring!

### **Safety rules**

- Young people must pass the ball using the inside of their foot and not strike it
- Young people must aim for the ball and not the person
- The ball MUST not go above the knee or they are disqualified

### **The bullying element**

Before they begin the game, ask the young people to be aware of how they feel in each situation during the game and remind them at points throughout the game to think about how it feels.

At the end of the game ask them these questions to start the discussion on bullying:

- How did it feel when others targeted you to kick your ball out?
- How did it feel to target others and kick their ball out?
- How did it feel to be excluded from the game when you lost your ball?
- How did it feel to be King of the Ring?
- What did targeting others represent?
- What did being targeted by others represent?
- Have you ever been in a situation that has made you feel like this?

*Tip: The idea is to draw out how it feels to be isolated and under attack (being targeted for your ball) and how it feels to be the person doing the attacking (targeting another to get rid of their ball).*